

Warm-up #3

The image shows three staves of musical notation in bass clef, each containing two measures of music. The first staff shows an ascending exercise starting on B-flat, moving to C, D, E, F, G, A, B-flat. The second staff shows a descending exercise starting on B-flat, moving to A, G, F, E, D, C, B-flat. The third staff shows a more complex exercise with various accidentals (sharps and flats) and a descending line.

Repeat, descending by half steps, to bottom of register.

Practice Structure

Under normal conditions, practice time should be structured as follows:

- 1/3 doing an extended warm-up and routine.
- 1/3 working on technical studies.
- 1/3 studying literature.

Lesson time will often be split in this same fashion. Eventually the parts of the practice session should overlap.

It is recommended that the student stick to this schedule in order. If 10 minutes are all a student has to practice on a given day, the time should be spent doing the entire warm-up, rather than working on literature.